

Twenty-One Taras Retreat in Conjunction with His Holiness Sakya Trizin's Birthday and Golden Jubilee



Labor Day Weekend 2009

Saturday September 5 at 10:30 am to Monday, September 7 at 1:30 pm

This study and practice weekend retreat follows on the initiations bestowed by Her Eminence Jetsun Kushog-la by providing an opportunity for study and practice of the twenty-one Tara cycle in the ancient tradition of Palden Atisha, under the guidance of Venerable Khenpo Kalsang Gyaltsen and Venerable Lama Dorjee Gyaltsen. This retreat will provide an excellent opportunity for guided practice and explanation of the Tara sadhana, with special accumulation of merit in conjunction with His Holiness Sakya Trizin's birthday and Golden Jubilee. Attendance is limited to those who have received the initiation cycle.

Opportunities for study will include:

- Teachings on Green Tara
- Explanation of the twenty-one Tara mantras
- Explanation of the twenty-one Tara homage prayer and its relation to the mantras.

Opportunities for practice include:

- Explanation of the sadhana with a text in Chinese, English, and Tibetan languages.
- Recite as many Tara mantras as possible in group and individual practice.
- Make an offering of our collective mantra practice to His Holiness on the occasion of his Golden Jubilee celebration in November in

Registration and lodging:

Tuition: \$100. Members \$90. Includes three meals per day. We will mutually share responsibilities for cooking and housekeeping. Lodging: You may bring your own sleeping bag and sleep outdoors under the big white tent, commute from home, or make your own arrangements at the Comfort Inn or other hotel of your choice. Please call Ani at 301-906-3378 to let us know that you will attend.